

ESSENTIAL GROOM

FLY WITH
AIR TANZANIA

YOUR
STAG NIGHT
QUESTIONS ANSWERED

**WIN!
WIN!
WIN!**
OUR GIFT TO YOU

LIVING HAPPILY
EVER AFTER

BUYING
YOUR FIRST HOME

FROM BACHELOR TO HUSBAND
**SETTING UP HOME
TOGETHER**

**THE
PERFECT SUIT**
DRESS SUIT, EUROSUIT,
JAGADI

HONEYMOON
COUNT DOWN & TIPS
ZI VILLA, BLUE TANGERINE, ZWAHILI
PRIVATE GAME LODGE, SURE GILTEDGE
TRAVEL & SUN AND SAND VACATIONS

POPPING
THE QUESTION

PERSONAL PAMPERING

ESSENTIAL GIVEAWAYS GROOM



GLASSHOUSE is Cape Town's premiere men's grooming emporium. Whether you consider yourself the thoroughly modern man or not, this one-stop rejuvenation spot will have you sorted with a wide range of spa treatments, from wet shaves to sports massages, and a comprehensive selection of skin and body care products.

We're giving **4 lucky grooms the chance to win either of these awesome spa packages:** a **"Pit Stop"** package that includes a wet shave, express facial and 30 minute hot stone massage **or a "Babalas"** package that includes a salt body scrub, mud body wrap, express facial and pedicure. The ultimate male indulgence!

To enter email your contact details (including name, full postal address and phone number) with the word **'GLASSHOUSE MEN'** in the 'Subject' field to magmediapub@gmail.com

For further information on The Glasshouse Men's Emporium go to www.glasshousemen.co.za or call 021 419 9599/8

ECOCO are giving away an indulgent men's grooming hamper to **5 lucky Essential Groom readers**. Your hamper will include products that are jammed with natural ingredients and will include facial and body scrubs, mint and menthol shampoo, mineral mists perfect for sport aches and much, much more. Show your wife-to-be you really care about looking your best by entering this great giveaway.

To enter email your contact details (including name, full postal address and phone number) with the word **'ECOCO MEN'** in the 'Subject' field to magmediapub@gmail.com

For further information about ECOCO go to www.ecoco.co.za or visit their new store at 86 Loop Street, Cape Town, Tel: 021 424 3339.

