



BOYS' OWN

Where in Cape Town can a guy chill out and watch the game on a plasma screen with a drink in one hand as the other receives a professional manicure? Only at Glasshouse – an exclusive, one-stop grooming and rejuvenation emporium for men that takes the concept of metrosexuality to a whole new level.

The treatment list includes facials, massages, waxing and tinting, as well as innovative packages like the 'pre-party' (a body scrub, bronzer application, manicure, pedicure, facial, lash and brow tint, and eyebrow shaping).

Don't expect anything pink and pretty here – decor is masculine, slick and sexy; an industrial-luxe combination of black leather, patterned screens and Nguni cowhides. Glasshouse, Unit 110a, The Foundry, 74 Prestwich Street, Green Point 021-419-9599.



TRUMPED UP

For a shave with distinction, opt for grooming products from the bespoke British Geo F Trumper's range. Almond Shaving Cream R185 and Violet Shaving Cream R300, Cazzi Collection 082-850-5439 (Jhb only) or visit www.trumpers.com.

Male order

Get grooming with slick, sophisticated guys' stuff

BELOW, FROM FAR LEFT Shaving set R2 400, Mr Cobb's The Barber 021-418-2427; Dior Homme aftershave lotion R420, Jean Paul Gaultier Le Male Better Than Tan matte powder bronzer and brush R495, 021-442-7700 for stockists; Alfred Roberts Perfumerer Steadfast Hair Elixir R99, Mr Cobb's The Barber; Acqua di Parma cologne R1 200, Fabiani 011-783-0066, 021-425-1810; L'Occitane Juniper Shaving Bowl R325, French Accent 021-762-2342.

